



SNIPS

Stop4th Nursing Information Provision Service

Providing information to nurses and allied health professionals

**College of Child and Youth Nurses, NZNO monthly news bulletin
Friday 7 April 2017**

Consultation

NZNO is presently consulting with members on a range of issues. The full outline can be found at: http://www.nzno.org.nz/get_involved/consultation

MOH - Transforming Respite: Disability Support Services Draft Respite Strategy 2017-2022

The Ministry of Health is seeking feedback on a draft respite strategy that proposes aligning respite with the Disability Support Services strategic direction to enable greater choice, control and flexibility to people with disabilities and their families. Please find the draft strategy attached below:

- [Transforming Respite: Disability Support Services Draft Respite Strategy 2017–2022 \(Word, 238 KB\)](#)
- [Transforming Respite: Disability Support Services Draft Respite Strategy 2017–2022 \(PDF, 689 KB\)](#)

Feedback Due: Please send feedback to SueG@nzno.org.nz by **26 April 2017**

MOH - Proposed new investment approach to post-entry training of New Zealand's future health workforce

The Ministry of Health is seeking your feedback on a proposed new investment approach to Post-entry training of New Zealand's future health workforce. The proposal represents a **significant change** to the way in which decisions about post entry training funding are made, basically moving it to a **fully contestable** model.

Please find the proposed investment approach outlined in the consultation document below:

- [Investing in New Zealand's future health workforce](#) (PDF 996KB)

Feedback due: Please send feedback to sueg@nzno.org.nz by **12 May 2017**

NZ News

Free visits see more under-13s go to GPs

Free doctors' visits for children under 13 have led to a big increase in the numbers visiting their local GP.

[Read more here](#)

The importance of sleep for young minds

Watching your baby sleep peacefully is one of the joys of becoming a parent. But have you ever wondered what is happening in this little sleepy head's mind?

[Read more here](#)

Nearly 30% of children 0-5 years in Northland at risk

A new service has been launched in Northland to support children born into environments of alcohol and drugs. The only known programme of its kind in New Zealand, Tupua Waiora will focus on pregnant mums and children up to three years of age.

[Read more here](#)

Virtual reality to be used to combat anxiety in sick kids

Virtual reality could be the answer to help sick kids prepare for scary medical procedures, not anxiety medication.

Starship children's hospital is working to help ease the nerves of child patients with technology through the development of a new virtual reality (VR) system.

[Read more here](#)

Asthma and allergies

RESEARCH ARTICLE

Asthma in adolescence affects daily life and school attendance – Two cross-sectional population-based studies 10 years apart

The aim of this study was to study the impact of asthma on daily life, school absenteeism and physical education. In addition, to describe asthma triggers at school.

[Read more here](#)

Autism and Aspergers

Autism linked to increased cerebrospinal fluid in infants

A new study shows increased levels of cerebrospinal fluid in 70 percent of babies at risk of developing autism.

[Read more here](#)

Altogether Autism rejects measles vaccine myth

The country's leading provider of trusted autism information and advice has come out strongly against claims of a link between vaccinations and autism in its latest Altogether Autism journal published today.

[Read more here](#)

Girls are better at masking autism than boys

Girls with autism have relatively good social skills, which means that their autism is often not recognized. And autism manifests itself in girls differently from in boys, suggests a new report.

[Read more here](#)

Behavioural

CYF struggles to find home for violent, intellectually-disabled teen

An intellectually-disabled teenager is heavily sedated in a mental health unit because Child, Youth and Family (CYF) cannot find anywhere else for him to go.

One former carer said CYF raised the possibility of placing the 15 year old, who has Down syndrome, in an "adult men's lockup or a motel with two security guards" after recent violent behaviour.

[Read more here](#)

Under 10s threatening knives, suicide – Northland Principal

Children with behavioural issues will suffer. That's the view from the Te Tai Tokerau Principals' Association urging the public to support their stance against the Government to increase more resources to address this issue.

[Read more here](#)

Bullying and abuse

Children with disabilities may face higher risk of abuse

Abuse risk also seen in kids with problems ranging from depression, anxiety and developmental delay

[Read more here](#)

Childhood bullying may lead to increased chronic disease risk in adulthood

Being bullied during childhood might have lifelong health effects related to chronic stress exposure -- including an increased risk for heart disease and diabetes in adulthood, according to a research review.

[Read more here](#)

Cancer

Launch of the New Zealand Adolescent and Young Adult (AYA) Cancer Standards of Care

We're excited to announce the launch of the New Zealand Adolescent and Young Adult (AYA) Cancer Standards of Care. [Please find attached the invite](#). The programme will include the voice of and entertainment by young people, the presentation of the young person's version of the standards of care, information around the implementation and a ministerial address by the Hon Dr Jonathan Coleman.

This is an invitation for young people, whānau and all those working in institutions and organisations that work with young people with cancer, including those within the education sector, the health sector, social services and non-governmental organisation providers.

When: Friday 12th of May, 4-5 pm followed by nibbles. Where: Level 3 Atrium, Auckland City Hospital, 2 Park Road, Grafton. Thanks to Auckland DHB for providing the venue for our event.

[Read more here](#)

Swift childhood cancer deaths more common than thought: study

Childhood cancer often strikes its youngest victims the hardest, and the death rate for infants may be up to four times higher than previously thought, U.S. researchers said Monday.

[Read more here](#)

Young cancer patients may lag peers in social functioning for years

(Reuters Health) - Child and young adult cancer patients often struggle to lead a normal social life, and even two years after being diagnosed, many still have reduced functioning in the social realm, a recent study suggests.

[Read more here](#)

Facing cancer, young adults blog and draw their way through fears

Cancer isn't funny; it's hilarious.

That's the mantra that carried Kaylin Andres, a young fashion artist from Sacramento, through eight wrenching years of surgeries, chemo treatments and radiation for a rare form of cancer.

[Read more here](#)

Cardiac health

Gene found to cause sudden death in young people

A new gene that can lead to sudden death among young people and athletes has now been identified by an international team of researchers. The gene, called CDH2, causes arrhythmogenic right ventricle cardiomyopathy (ARVC), which is a genetic disorder that predisposes patients to cardiac arrest and is a major cause of unexpected death in seemingly healthy young people.

[Read more here](#)

Child development

Study finds infant vitamin B1 deficiency leads to poor motor function

Researchers made the finding after comparing infants fed an Israeli baby formula completely without B12, which led to several deaths, to infants that did not receive the formula.

[Read more here](#)

Clinical

Differences in Pediatric Pain Management by Unit Types

The purpose of this study was to determine differences in pediatric pain management by unit type in hospitals across the United States. The aims were to (a) compare unit-type rates of

assessment, intervention, and reassessment (AIR), and (b) describe differences in assessment tools and intervention use by unit type.

[Read more here](#)

When to invest in clinical guidelines for children? A practice oriented tool to facilitate decision-making

Children are not just small adults; they need to be diagnosed and treated in the context of their rapid growth and development. However, in guideline development, children's needs and interests are still overlooked. This study aims (1) to develop a tool that could stimulate guideline developers to take children into account on a more structural basis and (2) to explore how to facilitate children's participation in the process of guideline development.

[Read more here](#)

Delirium in critically ill children common, may go undetected

(Reuters Health) - About a quarter of children admitted to the intensive care unit (ICU) will develop delirium, according to the first large international study to assess how common the condition is in critically ill children.

[Read more here](#)

Diabetes

3+ hours daily screen time linked to diabetes risk factors for kids

Daily screen time of three or more hours is linked to several risk factors associated with the development of [diabetes](#) in children, finds research published online in the *Archives of Disease in Childhood*.

[Read more here](#)

The following article is not freely available in full text but should be available via a DHB library, the NZNO library or resources offered through an academic library readers may have access to. Check databases such as CINAHL or Proquest.

Children and young people with diabetes: recognition and management

Hamish Hamilton, Grace Knudsen, Camelia Laura Vaina, Michelle Smith, and Siba Prosad Paul

British Journal of Nursing, Vol. 26, No. 6: 340-347.

[Read more here](#)

Diet, food and nutrition

New Comprehensive Children and Young People's Advertising Code Released

In October 2015, the Advertising Standards Authority (ASA) announced it would review the code for advertising to children and the children's code for advertising food. ANA took part in the review process by writing a submission.

Some of the main changes to the code include:

- Combining the two children's codes into one
- Code including everyone under the age of 18
- New definition of 'treat food'
- New definition of 'advertisement' now includes sponsorship
- Care required to not mislead as to the nutritive value of food

[Click here](#) to read the media release and to find out more

Disabilities

The lowdown on Down syndrome

The leading cause of intellectual disability in the United States, Down syndrome is a disorder that affects approximately 400,000 Americans, according to the National Down Syndrome

Society (NDSS). One out of every 800 babies is born with Down syndrome, according to the U.S. National Library of Medicine. The average lifespan of an individual with Down syndrome is 60 years; however, this can vary depending on associated conditions (see *Associated conditions*). Although 60 years old is relatively young, great improvements have been made regarding the longevity of people with Down syndrome. To put things in perspective, the average lifespan for a child with Down syndrome in 1910 was 9 years.

[Read more here](#)

Children's Commissioner calls for universal disability screening for kids at age five

The Children's Commissioner is calling for all children to be screened for developmental and learning disorders when they enter school.

Judge Andrew Becroft said identifying issues early could even out the playing field for children earlier in life, and allow authorities to target resources more efficiently.

[Read more here](#)

Drugs and alcohol

Youth INTact drug and alcohol service launched in Waikato

The new Waikato wide youth drug and alcohol service Youth INTact celebrated its official launch (15 March) in Garden Place, Hamilton. The approach was to celebrate with youth for youth in the Waikato. Rangatahi / young people from local high schools entertained the public with songs, poetry and kapa haka.

[Read more here](#)

Health, safety and injury prevention

Phil&teds plug gap in seat hire market left by children's charity Plunket

A Wellington baby product business is launching a car seat rental programme to help plug the gap left by Plunket.

Phil&teds — a company headquartered in Newtown — will introduce the nationwide service on Monday. It is believed to be a first for a Kiwi car seat brand.

[Read more here](#)

Infectious diseases / Public health

Global first for rheumatic fever research

The first robust evidence that supports community initiatives to prevent acute rheumatic fever has come from researchers at the University of Auckland.

[Read more here](#)

Kids and health professionals / hospital

Young people have their say: What makes a youth-friendly general practice?

[Volume 46, No.1, January/February 2017](#) Pages 70-74

The health of young people can be considered an indicator of the health of Australia's future population. To improve access to healthcare, the perspectives of adolescents on the design and delivery of services need to be championed. The objective of this study was to identify what young people in north-west Tasmania value when seeking healthcare at general practices.

[Read more here](#)

Utah Valley's Everyday Heroes: Pediatric nurses help healing with drawings

Julia Watson knows the door to her hospital room is the one with Darth Vader drawn on it, right after she passes the Hulk.

When a child's in the hospital, sometimes it's the little things like cartoon drawings on doors that make a difference.

[Read more here](#)

Maternity and neonatal care

Midwife shortage at major hospitals 'emergency situation'

Understaffed maternity units levels at many of the country's biggest hospitals are an emergency situation, the New Zealand College of Midwives says.

The cry for help came as Capital & Coast District Health Board revealed it was on a recruitment drive to find seven full-time midwives for Wellington Hospital's maternity unit.

[Read more here](#)

Maternity unit felt unsafe, says new mum

Wellington Hospital has apologised to a new mother after she complained about an unsafe and traumatising experience at the hospital earlier this month.

[Read more here](#)

A prescription for touch: Early experiences shape preterm babies' brains

Newborn babies experience the world through touch. Now, researchers who have measured the brain responses of 125 infants -- including babies who were born prematurely and others who went full-term -- show that a baby's earliest experiences of touch have lasting effects on the way their young brains respond to gentle touch when they go home.

[Read more here](#)

Cuddlers provide warm arms for newborns

It's proven beneficial for both the babies and the volunteers at WellSpan York Hospital.

[Read more here](#)

High-fat diet during pregnancy compromises offspring's lung health

Women who follow a high-fat diet during pregnancy may increase their children's risk for asthma. A mouse study suggests that consistent consumption of fat-laden foods may change the immune response of the offsprings' respiratory system.

[Read more here](#)

Mental health

Parents need to stop making mental health issues personal and open up with kids

Adults and parents need to stop making mental health issues "personal" and listen to their children, mental advocate Mike King says.

King is in Southland this week, speaking to schools and communities about mental health, depression and suicide prevention.

[Read more here](#)

Psychologist: More support needed for young quake victims

Children not even born when the city was devastated by the 2011 earthquake are showing signs of quake-related stress. A Christchurch-based clinical psychologist Catherine Gallagher says the children are living with the ongoing impact of the quakes.

[Read more here](#)

Compassionate care for teens who self-injure

Nonsuicidal self-injury (NSSI) is described as the direct and deliberate destruction of one's own body tissue in the absence of lethal intent. It's increasingly seen in the adolescent population, affecting 7% to 45% of teens, with continuation into adulthood at rates between 4% and 28%. This prevalence is alarming because NSSI can result in severe scarring, nerve damage, infection risk, and accidental death. NSSI can also lead to academic struggles, interpersonal problems, and increased suicide risk.

[Read more here](#)

East Christchurch youths 'high risk' for mental health issues

Youth in Christchurch's eastern suburbs are more likely to have self-harmed and suffered anxiety, depression and low self-esteem than others in the country.

[Read more here](#)

Obesity

Otago research suggests child obesity can be tackled by simple sleep interventions

Families who receive brief interventions about how to improve their children's sleep have infants who are much less likely to be overweight, a University of Otago study has found.

[Read more here](#)

Project Energize: Targeting childhood obesity

Its aim was simple: Get kids active and educate them about healthy foods.

And Project Energize has been so successful, it has been implemented not just domestically - in Waikato, Counties Manukau and Northland - it has now crossed the globe to Ireland.

[Read more here](#)

Schools' sugary drink target fizzles

A government goal to get sugary drinks out of all schools by the end of last year appears to have failed.

[Read more here](#)

Some parents not aware their child is obese, say hospital officials

Some parents are so shocked to learn their pre-schooler is obese they turn down offers of further health assistance, hospital officials say.

[Read more here](#)

Pharmacy

The following article is not freely available in full text but should be available via a DHB library, the NZNO library or resources offered through an academic library readers may have access to. Check databases such as CINAHL or Proquest.

Too many antibiotics for New Zealand children

Almost all New Zealand children have taken antibiotic medications by the time they are five years of age, according to new research from the University of Auckland's Centre for Longitudinal Research – He Ara Ki Mua.

[Read more here](#)

Rheumatic fever

Rates of rheumatic fever more than halved in South Auckland

Having nurses in schools in South Auckland is cutting the the rates of rheumatic fever by more than half.

[Read more here](#)

Sexual health / sexuality / gender

Role of school nurses in record low teen pregnancy rate

Teenage pregnancies have dropped to the lowest level ever since 1969 across England and Wales, new Office for National Statistics (ONS) [data has revealed](#).

[Read more here](#)

Takatāpui rangatahi resource to provide support to whānau

Growing up Takatāpui: Whānau Journeys is part of the resource, Takatāpui: Part of the Whānau which is formed by interviews with seven takatāpui rangatahi and their whānau about the importance of whānau support.

[Read more here](#)

Top Auckland boys' school launches healthy relationships, porn and consent programme

A top Auckland boys' school has introduced a healthy relationships programme, tackling the sticky topics of online pornography and consent.

[Read more here](#)

Sexual relationship education should be in schools – Katie Fitzpatrick

Schools can't be to blame for student chatter on Facebook, but there is an opportunity for young people to learn about healthy relationships at school, writes Rutherford Discovery Fellow Associate Professor Katie Fitzpatrick.

[Read more here](#)

Social health and issues (homelessness/housing Poverty etc)

Children and the living wage

Susan St John, Yun So

28 February 2017

Source: Child Poverty Action Group Inc.

[Lino Resource](#)

This background paper explains why families in Aotearoa New Zealand need a much more robust system of tax credit supports as well as higher wages.

New Zealand was once a model for other countries to follow in regard to its egalitarianism.

Today, there is high income and wealth inequality and an unacceptable level of family poverty and homelessness. The age group that has the highest levels of material deprivation is the group aged 0-17 years.

[Read more here](#)

Food insecurity in early childhood linked to young children's skills in kindergarten

In the United States, estimates show that a substantial number of children under age 5 live in households that are food insecure. That means that they do not have food, or they lack sufficient quantity or quality of food to fuel a healthy and active lifestyle. A new study has found that children who experience food insecurity in early childhood are more likely to start kindergarten less ready to learn than their peers from homes that are food secure.

[Read more here](#)

'Now we will really see if they do care' - youth advocate

People should not dismiss the new ministry for the country's most at-risk children as just a rebrand of Child Youth and Family (CYF), a youth advocate says.

[Read more here](#)

Sound and vision

Smoking during pregnancy tied to eye damage in kids

REUTERS: When women smoke during pregnancy or have underweight babies their children have a greater risk of developing a type of retina damage, a Danish study suggests

[Read more here](#)

Essilor Vision Foundation provides free eye screening for Manurewa school children

Imagine a child sitting in a classroom struggling to learn because the blackboard and their books are a blur.

That's the problem people are tackling for pupils with undiagnosed eye conditions at some low decile schools in South Auckland.

[Read more here](#)

Behavioural optometry service benefits Queenstown kids

Queenstown optometrist Danielle Ross is working with local primary schools to help children overcome learning and behavioural challenges.

[Read more here](#)

Vaccination

Immunisation rates declining in Canterbury's wealthiest areas

Wealthy Canterbury parents are less likely to vaccinate their children than those living in poverty.

The Canterbury District Health Board (CDHB) has one of the highest vaccination rates in the country, reaching the 95 per cent national target, but the uptake in the region's richest suburbs is lower at 92 per cent.

[Read more here](#)

Pakeha less likely to get Gardasil vaccine - even as study proves it's working

A vaccine that tackles the virus that causes genital warts and cervical cancer has been proven to be fighting off infection - but many Pakeha families are rejecting immunisation - claiming their girls don't need it yet.

[Read more here](#)

STI vaccine for women now available to men (and boys)

A vaccine against a sexual transmitted infection available to young women since 2008 is now being given to young men as well.

[Read more here](#)

Australia considers childcare ban on unvaccinated children

Unvaccinated children would be banned from childcare centres and preschools under an Australian government plan.

[Read more here](#)

NZ doesn't need to ban unvaccinated kids from childcare – Nikki Turner

Should New Zealand follow the Australian 'no jab, no pay' model to boost immunisation rates? Nikki Turner from the Immunisation Advisory Centre says no, our current approach is working.

[Read more here](#)

Parental attitudes, beliefs, behaviours and concerns towards childhood vaccinations in Australia: a national online survey

[Maria Yui Kwan Chow](#), Margie Danchin, Harold W. Willaby, Sonya Pemberton, Julie Leask
1 March 2017

Source: *Australian Family Physician*

Vaccine hesitancy is a public health concern. The objectives of this article were to describe Australian parents' attitudes, behaviours and concerns about vaccination, determine the factors associated with vaccination non-compliance, and provide sources of vaccination information for general practitioners (GPs).

[Read article here](#)

Maternal pertussis vaccination reduces risk for newborns by more than 90 percent

Among infants of women who received the Tdap pertussis booster vaccine during pregnancy, the risk of contracting pertussis was reduced by an estimated 91 percent during the first two months of life -- the critical period before they can receive their first childhood acellular pertussis (DTaP) vaccination.

[Read more here](#)

The following article is not freely available in full text but should be available via a DHB library, the NZNO library or resources offered through an academic library readers may have access to. Check databases such as CINAHL or Proquest.

Childhood immunisation: The role independent prescribing can play in increasing uptake

Sarah Kraszewski

British Journal of School Nursing, Vol. 12, No. 2: 66-70.

[Read more here](#)

Violence, abuse and bullying

Health and behavior problems can linger after child abuse

(Reuters Health) - - Children who have suffered from abuse or neglect may have physical or behavioral health problems even after the mistreatment stops, new guidelines for pediatricians emphasize.

[Read more here](#)

Wellbeing

Healthy weight gain in infants

With nearly 10 percent of infants considered 'high weight for length,' researchers want to help babies achieve a healthy weight starting with their first months of life. Preliminary findings have shown that babies on a cow's milk formula have accelerated weight gain, compared to babies fed a hydrolyzed protein formula, who have weight gain similar to breastfed infants.

[Read more here](#)

Ten things girls need most

One in five girls has a diagnosed anxiety disorder, according to Australian psychologist Steve Biddulph, who says girlhood has become more lonely, pressured and unkind.

[Read more here](#)

Websites of interest

IHC Library service

Our Library is free to use and open to anyone living in New Zealand. We have information on all aspects of intellectual disability, autism and other developmental disabilities built up over many years.

[Read more here](#)

The above bulletin has been compiled by Linda Stopforth, SNIPS, on behalf of College of Child and Youth Nurses, NZNO.

It is provided on the first Friday of each month and contains an overview of news items, articles and research papers of interest to the Section members.

All links are current at the time of being compiled and distributed.

For feedback please contact your section administrator: heathers@nzno.org.nz

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Stop4th Nursing Information Provision Service

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