



MEDICAL AND HEALTH SCIENCES

Auckland Hospital Support Building
Room 12.099, Level 12, 2 Park Road, Grafton
Auckland 1023, New Zealand
<https://www.fmhs.auckland.ac.nz/en/som/about/our-departments/psychological-medicine.html>

What do clinicians think about the application of Serious Games in psychotherapy?

What are Serious Games?

Serious Games are computer or video games that go beyond the purpose of pure entertainment, and include an educational component (e.g. promote a healthy lifestyle, train cognitive skills, etc.). Serious Games are becoming more popular in many settings, including psychotherapy. We are doing an international survey to find out what clinicians think.

Who can take part?

You can take part if you're a **mental health clinician** (or if you're currently in training to become one) working with clients of any age group, in any psychotherapeutic modality **in New Zealand**.

Even if you **haven't** used Serious Games in your clinical work, your views are important and we want to hear from you.

How long is it?

The survey takes about **15-20 minutes** to complete.

To start the survey, please click here or copy the link:

<https://www.surveymonkey.com/r/8MZHCG7>

This study is being conducted by Clinical Psychology Doctoral student, Jessica Huss (j.huss@auckland.ac.nz) under the supervision of Dr Karolina Stasiak from the University of Auckland (k.stasiak@auckland.ac.nz) and Professor Christiane Eichenberg from the Sigmund Freud University in Austria (christiane@rz-online.de) and Professor Heidi Möller, University of Kassel in Germany.

Thank you for your support!

This study has been reviewed and received ethics clearance through Health and Disability Ethics Committees in New Zealand